

# About Me



**Cass Spong** has two decades of international consulting experience and in 2012 founded **ENTHEOS Consulting**, a Systems based organisational development consultancy which has partnered with large private corporates, public sector, universities and not-for-profit organisations. Cass is passionate about partnering with leaders, organisations and teams to cultivate more effective, sustainable and inspiring workplaces that achieve financial and performance success; and employee personal engagement, fulfilment and wellbeing.

Her diverse and extensive career has ranged from operational management, to “Big 4” consulting engagements across the suite of HR, Organisational Development and Transformation. Her experience also extends to working across multiple industries and geographies including Australia, London, Japan, Greece, Brazil, United Kingdom, The Netherlands and China.

Cass has channeled her passion and expertise into developing the **ENTHEOS Collaborative Systems Thinking®** approach as a way, to build shared understanding of the dynamics of complex organisational systems and take collective action to operate more effectively. Her approach is based on scientific research and dedicated to creating experiences where this, often heavy work is fun and easeful. She loves working with teams and groups as a LEGO® Serious Play facilitator, Art of Hosting Practitioner and Flow Game host, creating space for wisdom, creativity, connection and collaboration to emerge, in both face to face and virtual online environments.

Cass is a **Melbourne University Honorary Fellow** collaborating with the University’s Centre for Positive Psychology to develop the emerging field of “Systems Informed Positive Psychology” or “Systems of Wellbeing” This collaboration brings together the wisdom, knowledge and insights from both Positive Psychology and Systems Science, recognising that wellbeing is only sustainable when we understand how deeply interconnected and complex, we and our Systems are, and take a whole Systems approach to wellbeing and thriving.